

MOBILE TELEHEALTH INSTRUCTIONS (IPHONE AND ANDRIOD)

Upon booking an appointment:

1. Please let the office know that this is the service you would like
2. You will immediately receive a text message with your **Pin #** and **Instructions**.
3. Download the **MyTherapist** app from your App Store.
4. Enter your credentials (last name, DOB, and pin #)
5. This will show you your upcoming appointments; press "Accept."
(if you decline, we will not know! So please call us to cancel any appointments you will not be attending).

At your appointment time:

1. Open the MyTherapist app and enter your credentials.
2. Find your appointment time and select it.
3. In the bottom left corner, you will see a camera button. Press this.
4. Allow the app to use your microphone and camera. **
5. Wait for your therapist to sign on.

**If this does not pop up or you would like to double check:
go to Settings > Scroll down to MyTherapist > ALLOW MYTHERAPIST ACCESS TO: (ALL)

Your App will look like this:

